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On the mechanisms of endogenous synthesis of xanthurenic acid a possible cause of human diabetes mellitus

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In 1935 Musajo L. and coll. reported about synthesis of Xanthurenic Acid (XA). This chemical was separated from urine of experimental animals and identified as 4,8-digidroxyquinolin-2-xarboxylic acid, a derivative of 8-oxyquinoline [1] Formula: C10H7NO4.

This product interested by group of Lepkovsky S [2] Containing on diet enriched by fatty acids and tryptophan in the deficiency of vitamin B6 (pyridoxine) accompanied by intensive endogenous synthesis of XA in tissue. It was followed by developing of symptoms of diabetes in animals [3-8].

XA is a product of disturbances of Tryptophan metabolism, in routine conditions is metabolised on serotonin and kinurenin ways (Figure 1) which at the same time come to the end with a forming of a 5-oxyindol-acetic acid and NADF [9,10]. The deficiency of pyridoxal-5-phosphat (P-5-F) result inhibition of 5-oxytryptophan decarboxylase and of kinureninase that accompanied by inhibition of metabolization on both paths. As result 4 substances are formed: XA and 8 oxyquinaldine - from 3-oxyquinurenin and kynurenic and oxyquinurenic acids from kynurenin [10-12]. On the chemical structure XA is belong to derivatives of 8-oxyquinoline, a diabetogenic zinc-binding chemicals (DZC).

Main enzymes for synthesis of XA are kinureninaminotransferase and oxykinurenine tryptophan decarboxylase, a coenzymes of P-5-P [10,13]. XA is formed from 3-oxykynurenin. Under influence of kynu- reninaminotransferase from 3 oxykynurenin XA is formed. In the deficiency of P-5-P synthesis of serotonin is decrease and synthesis of XA and of kynurenine acid is increased [2,14]. However, there is, apparently, a contradiction: why deficiency of P-5-P inhibite synthesis of serotonin and stimulate synthesis of XA? On the one hand this results based on fact that the pyridoxal enzymes of tryptophan metabolism differently react to deficiency of P-5-P: if activity of a kynureninase decrease by 83%, then of kynureninaminotransferase decrease for only 42% [13,15]. On the other hand, studying of localization of enzymes in cells of liver and kidneys it was established that the kynureninaminotransferase is both in mitochondria and in soluble part of cells whereas a kynureninase - only in a soluble part of cells. In the deficiency of P-5-P in organism the content of these two enzymes in soluble part of cells significantly decrease, and mitochondrial kinureninaminotransferase remains at the previous level [16]. Increasing of excretion with urine of XA is explained by it. For the first time the high amount of XA were found in the urine of the white rats who were contained on diet enriched with tryptophan and in deficiency of vitamin B6.

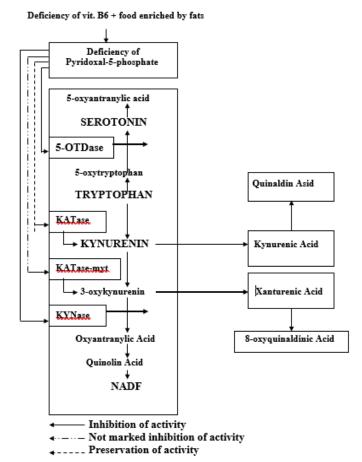


Figure 1. Disturbances of tryptophan metabolism

5-OTDase: 5-tryptophanedehydrogenase; KATase: Kynurenine aminotransferase; KATase myt: Kynurenine aminotransferase mytochondrial; KYNase: Kynureninase

Addition of Pyridoxine accompanied by disappearance of XA from urine [9,12,17]. However, marked avitaminosis of B6 result decrease of activity of kynurenin amino transferase that accompanied by decrease

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of its excretion with urine [18]. Later XA was found in urine of rabbits, dogs, guinea pigs and human [3,11,19-22]. Increasing of excretion of XA with urine is revealed at elderly patients with diabetes mellitus. At elderly people [23] there are increase amount of XA and of kynurenic acids in urine. In spite of the fact that administration of Pyridoxin result decreasing of concentration of XA in urine, this is not a complete normalization of their excretion [23]. Average concentration in daily urine at healthy persons fluctuates from 2,1 mg to 8,8 mg [12]. Deficiency of P-5-F in organism developed as result of deficiency of vitamin B6 and as result of inhibition of synthesis of P-5-P from vitamin B6. Synthesis of XA is increased using of diet enriched by saturated fatty acids and casein. Two enzyme systems are known which provide biosynthesis of P-5-F: pyridoxynphosphatoxydase (PPO) and pyrido- xinkynase. The diet enriched by fatty acids, stimulate decrease of activity of PPO in liver [24] which can be restored by administration of vit.B2, a coenzyme of PPO. Studying of disturbances of tryptophan metabolism depending on age of patients showed that in the first four days of life derivatives of kynurenine not found in the urine of new-borns [25].

During the period from the 5th to the 20th day of life there are a minimal concentrations of XA. Administration of a-tryptophan does not increase excretion of XA [26,27], but increase it at children at age of 4-6 years [28]. In patients age 70 years and over formation of kynurenin is increased. Administration of 100 mg/kg of a-tryptophan accompanied by marked excretion of XA. Administration of pyridoxine result normalization of excretion at elderly people [29]. There are a changes of tryptophan metabolism at pregnant women [30-32]. Administration of a-tryptophan accompanied by active excretion XA with urine [33-35]. Administration of a-tryptophan,100 mg/kg at pregnancy was followed by increasing excretion not only of XA acid but also of kynurenine acid [36].

At the same time, the increase of excretion of XA found within all period of pregnancy and increase excretion of kynurenic acid was observed in the first 3 months [36]. A high excretion of XA at pregnant women was decreased after administration of Pyridoxine [33-34]. The increased excretion of XA- is a symptom of deficiency of vitamin B6 in patients with diabetes [37,38]. Very often disturbances of Tryptophan metabolism are shown as dissociation of Tryptophan accompanied by forming of a large amount of XA. Deficiency of P-5-P in result developing of disturbances of Tryptophan metabolism [14].

Kotake Y in 1957 [4] investigated processes of formation and of excretion of XA in organism. He used administration of various sodium salts of fatty acids and of Tryptophan. The most marked effect of endogenous synthesis and excretion with urine of XA - as 10,49 of mg daily - was showed using of complex as Tryptophan+oleinic acid. The least effect - 1,6 mg - past using of Tryptophan only. Excretion of XA after administration of Tryptophan in combination with fatty acid: Tryptophan+acetate - 5,37 mg; Tryptophan+propionic acid - 8,79 mg; Tryptophan+oil acid - 9,87 mg; Tryptophan+valerenic acid - 9,64 mg; Tryptophan+palmitic acid - 9,61mg Tryptophan+stearic acid of 8,57 mg.

The specific diet stimulate endogenous synthesis of XA acid was recommended by Kotake Y [4]. Percentage of components of diet: casein-22, salt mixture McCollumn-6, agar-agar-3, yeast - 2, oil - 10, sugar-5, amylum-52. This diet include the majority of above-named fatty acids in the structure and each diet caused increasing of excretion of XA with urine by 3,5-6,5 times in compared with diet contain only Tryptophan. It was showed that biosynthesis of P-5-P depends of content of fat or fatty acids in food. And as conclusion: diet enriched by fats result decreasing of activity of pyridoxalaminotransferase in liver

[24]. Due to acceleration of kynurenine way of Tryptophan metabolism its diabetogenic metabolites can collect at a stress [39,40].

Meanwhile injection of vitamin B6 10,0 mg in experimental conditions result decreasing of excretion of XA till 2,03 mg [41] per 24 h in compared with 8,42 mg without vitamin B6. Kotake Y in 1968 established that fatty acids suppress synthesis of P-5-P that result more active endogenous synthesis of XA. Intraperitoneal administration to mice of 200 mg/kg of endogenous formed XA followed by developing of diabetes [42,43]. It was showed a temporary hyperglycemia at rabbits after administration of XA [44]. However, synthetic XA did not caused developing of diabetes in dogs and rabbits [45].

At the same time, a large amount of fat in diet in combination with XA or Kynurenic acid followed by hyperglycemia and developing of histologic changes typical for the experimental diabetes [10,46-48]. Meanwhile disturbances of carbohydrate metabolism not developed in rats and rabbits after administration of XA or containing of animals on free of vitamin B6 diet [49]. Using of diet contains Tryp- tophan,10 mg/kg in combination with hypovitaminosis of B2 [4] was followed by developing of hyper- glycemia and xanturenuria. At rats contained on diet by Kotake Y glycemia is increased for long period that accompanied by glucosuria and polyuria. Animals had a tendency to increase of body weight, on average from 140 g to 220 g and until 260 g (obesity) as of xanturenuria for 2-3 mg/24 h [50,51].

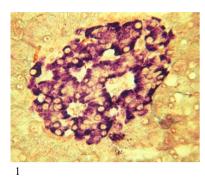
It was established that increase of blood glucose level besides XA acid is caused by kynurenic acid [52] which final products is quinaldinic acid [53]. In our experiences with using within 3 months of a diet of Kotake Y also permanent increase in level of a glycemia was revealed which was, however, less expressed in comparison with observed after single-pass administration of diabetogenic doses of other derivatives 8-oxyquinolines. Its influence by the end of experience was followed also marked - at 7-10 times - increasing of xanthurenuria and decreasing of insulin content in B-cells. XA is transformed in 8-oxyquinaldinic acid [17] which possess diabetogenic properties. Other metabolites of Tryptophan as hinaldinic and kynurenic acids possess have insulin releasing activity [17,50]. It is shown a large release of insulin from the isolated islands at the first 30 min. after the beginning of incubation.

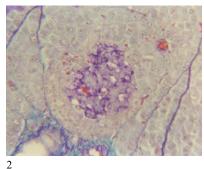
Results of investigation of state of gist structure of pancreas in experienced animals: vascuolisation and destruction of cytoplasm, gydropic distrophya, destruction of nuclei [4,5,54-57]. It was established that increase of blood glucose level besides XA is caused by kynurenic acid [58] which final products of metabolism is quinaldinic acid [53].

Presence of quinaldinic acid almost completely suppresses the second phase of release of insulin [59]. Incubation of insulin and XA acid result forming of stable complex [51,60]. By using of fluorometric methods it was showed that two moles of XA connected with one insulin dimer. Hormonal activity of this complex decrease until 49% of activity of native insulin [51,61] and is increased past administration in media of Zinc [60,62].

Murakami E. [63-65] showed that incubation of XA with insulin result formation of two complexes. In one of them insulin is bound to 1 mole of XA acid and in another - with 1,5 mole. XA easily formed complexes with insulin in blood serum, without breaking structure of insulin. This complexes are stable [51]. It is supposed that connection is carried out between atom of Zinc and imidazole radical in a molecule of insulin [51,43]. XA shows a high affinity for ions of Zinc [66]. Activity of insulin is restored after addition of ions of Zinc to blood serum contains of complex XA-insulin [67].

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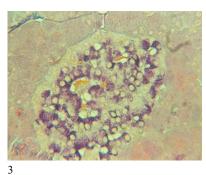


Figure 2. Histostructure of pancreatic islets in diabetes caused by DZC and by XA. [1) intact animal: histostructure and insulin content (violet color) without changes in β -cells. 2) heavy diabetes caused by DZC: destruction and death of majority of β -cells, by deformation and a decrease of the size and number of islets, a marked decrease of insulin content in β -cells developed very rapidly within 3-5 days. 3) diabetes caused by XA is developed more slowly, the number and size of the islands do not change at first destruction and cell's death developed gradually not so marked decrease of insulin content in β -cells; however, in the future these changes will gradually increase]

Diabetes caused by DZC is artificial and is used as a very good a pure model of diabetes, accompanied by death of β -cells only without alteration of other organs and tissues [68-70]. Diabetes caused by DZC is a type 1 diabetes (Figure 2). However, in this form in humans it practically does not occur. By the nature of the course, it like type 2 diabetes and develops gradually, with accumulation of XA in the body, in the most natural way described in the article, as is the case in humans [71-85]. Mean- while, XA-diabetes, caused by dietary disorders, on the contrary, is the most natural and real way of developing diabetes in humans, not induced by artificial injection of DZC.

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