

Guidelines for restoring fractured central incisors

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Abstract

Faced with fractured central incisors, many solutions are available, and the practitioner must choose the appropriate one. Rehabilitation of the compromised teeth number 11 and 21 was performed with lithium disilicate veneers. The purpose of this clinical case is to outline the treatment approach and to highlight the different guidelines to establish function and esthetic using ceramic veneers.

Introduction

Traumatic dental injury has been confirmed as a current health problem in many recent studies. Nowadays [1,2]. First, trauma of the oral region occurs frequently and makes up 5% of all injuries for which people seek treatment in all dental clinics and hospitals in a country [2].

High-risk age groups for dental and facial trauma were 10-18 years and 19-28 years, which may be attributed to the fact this age-group usually has more intense social interaction and sports activities [3].

The teeth most commonly affected by trauma are the maxillary central incisors [3,4]. There are many causes for these such as falls, sports injuries, and vehicle accidents; other causes may also exist, depending on a country's development and local habits [3,4,5]. The most frequent types of permanent teeth fractures are enamel fractures, enamel and dentine fractures, and enamel and dentine fractures with pulp involvement [6].

The conservative dental esthetic reestablishment treatments have been improved and evaluated with the development of adhesive materials. The adhesive dentistry allowed minimally invasive preparation through direct treatments with composite resin and indirect ceramic laminates veneers [7,8]. Despite the contribution of this treatment modality in terms of esthetic outcome, restoration of a fractured tooth in the anterior maxilla remains a challenge for even the most experienced dental practitioner. Several approaches for recovery of the esthetics and the function are available [7,8]. Currently, the clinician must consider all diagnostic parameters before deciding or recommendation to the patient. Direct resin is suitable when compromised structures is minimal allowing a natural look [9]. However, Indirect restorations are indicated for greater strength and longevity, but they add a layer of complexity when communication with the laboratory technician is required for an esthetic outcome [10].

A range of dental ceramic materials is presently available on the market for these treatments, though with very different characteristics in terms of the composition, optic properties and manufacturing processes involved. In fact, A.A Font *et al* created a classification based on the objectives of treatment: esthetic and/or functional problems. Because of their predictable results and conservation of tooth structure, [11] ceramic veneers are indicated for the esthetic rehabilitation of fractured anterior teeth with anomalous position and appearance. The

aim of this paper is to highlight the steps of dental rehabilitation in a 19-year-old patient with fractured central incisors which had been directly restored by composite resin and because of repetitive fracture of the resin. The patient restrained herself from smile due to self-consciousness. Seeking for a permanent restoration, the alternative solution was a fixed restoration using ceramic veneers., who restrained herself from smile due to self-consciousness, using ceramic veneers.

Case presentation

H.F was a 19-year-old female patient reported to the department of prosthetic dentistry, with a chief complaint of unattractive smile because of her fractured tooth number 11 and defective composite restoration in tooth number 21. Complete history of the patient along with preoperative photograph was taken (Figure 1). Medical history was non-contributory. Extraoral examination showed an ovoid face with a convex profile.

Intraoral examination revealed that the right central incisor was fractured in the middle-third of the crown, involving enamel and dentin without pulp exposure (Figure 2) and without symptoms of concussion or contusion, the left central incisor was restored by composite, but she complained from it repetitive loss. Oral prophylaxis was done, and dental hygiene maintenance instructions were given. Radiographic examination and tooth vitality tests were positive. Anterior guidance was evaluated.

Several approaches for recovery of the esthetics and the masticatory function, depend on the type and extent of tooth fracture; In this case, the fracture is in enamel and dentin with a loss of much tooth structure, the use of ceramic veneers is an excellent and suitable alternative.

To facilitate the treatment planning, a wax-up and cosmetic mock-up are recommended. The wax-up is a study model that present build-up wax teeth and the mock-up is obtained from silicon matrix filed

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Key words: Ceramic veneers, Dental trauma, Central incisors, Function, Esthetic

Received: December 17, 2017; **Accepted:** January 29, 2018; **Published:** February 02, 2018



Figure 1. Extra-oral view



Figure 2. Facial view of fractured central incisors (Right incisor was restored by composite)

with bis-acrylic resin [4] which provided a real three dimensional *in situ* visualization of the result of the proposed treatment.

Various techniques for accurate tooth reduction have been proposed, including silicone matrices, depth limiting burs and free hand preparation (Cherukara et al, 2005). It is important that whatever tooth reduction guide method is used, it is based on the definitive wax up and not the original tooth.

Failure to do this may result in excessive and unnecessary removal of tooth enamel. Tooth should be prepared within the enamel whenever possible. In this case depth limiting burs were used to prepare directly through the bis-acryl mockup, as described by Gurel (2003) (Figure 3). The teeth were prepared with a marginal chamfer labially and interproximal, and a butt fit margin palato-incisally with wrap around onto the palatal aspect as described by Castelnovo et al, 2000 (Figure 4). Contact points were not preserved, to allow freedom for the technician to change the width and shape in the final restoration. Ensure smooth finish lines and surfaces, using 40-micron diamond abrasives. A smooth surface avoid stress under the veneer and a more uniform thickness of cement. This also leads to better adhesion.

After adequate gingival retraction (Figure 4), a two-step dual impression was made and sent to the laboratory for fabrication of lithium disilicate (IPS e max cad) veneers.

Lithium disilicate veneers were aided by computer(CAD), by coping the contours from the diagnostic wax-up. (Figure 5) Veneers were individually checked intra-orally to control gingival margins adaptation, the complete seating and embrasure opening, and occlusion. Then, shade and esthetics were well checked

To minimize contamination from saliva and blood, the application of rubber dam is strongly recommended; In fact, blood can change the completely the color of final restoration and because of esthetic failure. Currently maintaining clean tooth with water and pumice during bonding is very important for the success of this step. Light curing composite resin were used for bonding.

At the end of the treatment, the patient was pleased with the results and no longer hides her smile (Figures 7 and 8).



Figure 3. Starting teeth preparation within the mock-up



Figure 4. Palatal view of preparation



Figure 5. IPS e max veneers



Figure 6. Gingival retraction for a secure bonding



Figure 7. Final situation; veneers bonded in place

Periodic follow-up was scheduled to evaluate the gingival health and patient comfort and satisfaction (Figures 9 and 10).

Discussion

Unlike dental caries that have been declining over the last decades, Dental fractures are considered an increasing public health problem compromising aesthetic and function. If this trauma is not treated, personal problems can occur, such as difficulties in eating, laughing, and smiling, as well as emotional problems associated with public contact [12,13].

Aesthetic dentistry has expanded dramatically in the last two decades and re-establishing dental aesthetic appearance is a very important clinical challenge [14].

Currently, based on the type and the extent of tooth fracture, there are many treatment options and it is possible to restore function and esthetics using very conservative restorative techniques. In our case, the use of composites was well suited for our young patient because it is a very conservative technique for performing repairs without reduction in healthy tooth structure [15], Final restoration using nanoparticles-based composite resin was performed, allows restorations with shades and nuances like the adjacent dental structures. However, to achieve good results, this technique requires knowledge of the field of restorative material, dental anatomy, and the skills to reproduce all the characteristics of the tooth [9]. After a short time, there was a repetitive loss of restoration, because the restoration probably doesn't support the masticatory efforts, mainly because of the insufficient area for bonding, Furthermore, those restorations should be limited for fractures limited



Figure 8. Post-operative appearance of Smile



Figure 9, 10. Natural look of teeth restored after two months. Satisfying esthetic outcome. characterizations reproduction, periodontal integration and function

in dental enamel or in enamel and dentin without loss of much tooth structure [8,9].

Currently, the use of ceramic veneers was indicated, it was introduced into dentistry as Hollywood veneers by Pincus [16] with a survival rates ranged from 92% at 5 years to 64 % at 10 years [16]. On another hand, according to a recent systematic review Composite and ceramic veneers were found to have statistically similar survival rates. Indirect composites showed 87 % survival rate compared with 100 % for ceramic veneers, with all failures occurring within 13 months of placement. No secondary, Aries were seen with either material. Temporary postoperative sensitivity developed with both ceramic (9%) and composite (26%).

According to some clinicians, provisionalization is not necessary because tooth reduction is minimal, but it's an important step in the treatment plan as it gives to both patient and clinician the opportunity to access the final planned result.

preparation, cementation, and finishing procedures adopted are considered key factors for the long-term success and aesthetical result of the veneer restorations. In addition, with improved mechanical properties of dental ceramics and the optical qualities of these materials have allowed the use of ceramics with esthetic predictability [1].

Conclusion

The success of minimally invasive restoration of fractured teeth dependent on the detailed planning and correct selection of dental materials. Ceramic veneers provided good treatment outcomes and allowed a long-lasting functional and esthetic outcome.

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