

Kynurenic acid, an aryl hydrocarbon receptor ligand, is elevated in serum of Zucker fatty rats

Oxenkrug G^{1*}, Cornicelli J², van der Hart M³, Roeser J³ and Summergrad P¹¹Department of Psychiatry, Tufts University School of Medicine, Boston, USA²Charles River, Inc., USA³Brains On-Line, S. San Francisco, USA

Abstract

Obesity is an increasingly urgent global problem. Molecular mechanisms of obesity have not been fully understood. Dysregulation of tryptophan (Trp) – kynurenine (Kyn) metabolic pathway (TKP) was suggested as one of the mechanism of obesity and described in obese subjects and animal models of obesity. However, to the best of our knowledge, TKP metabolism has not been studied in leptin-receptor-deficient Zucker fatty rats (ZFR) (fa/fa), the best-known and most widely used rat model of obesity. We therefore interested to find out if there are any deviations of TKP in ZFR. Concentrations of major TKP metabolites were evaluated (HPLC- MS method) in serum of ZFR (fa/fa) and lean rats (FA/-). Concentrations of kynurenic acid (KYNA) were 50% higher in ZFR than in lean rats ($p < 0.004$, Mann-Whitney two-tailed test). While elevation of anthranilic acid (AA) concentrations (33%), did not reach high level of statistical significance ($p < 0.04$, one-tailed test). Our data suggested that elevated KYNA serum concentrations might contribute to development of obesity via KYNA-induced activation of aryl hydrocarbon receptor (AHR) and to cognitive impairment in ZFR because of KYNA antagonism to N-methyl-d-aspartate receptor (NMDAR). Elevated KYNA concentrations were reported in brains, cerebrospinal fluid and serum of schizophrenia patients. Therefore, up-regulated KYNA formation might contribute to high prevalence of obesity in schizophrenia patients. Present results warrant further studies of KYNA and AA in other animal models of obesity.

Introduction

Obesity is an increasingly urgent global problem. Molecular mechanisms of obesity have not been fully understood. Dysregulation of tryptophan (Trp) – kynurenine (Kyn) metabolic pathway (TKP) was suggested as one of the mechanisms to of obesity [1,2]. In mammals, TKP consists of three major phases: initial conversion of Trp into KYN (via N-formylKYN) catalyzed by inflammation-induced indoleamine-2,3-dioxygenase 1 (IDO) or stress-activated Trp-2,3-dioxygenase 2 (TDO); intermediate by Kyn conversion into 3-hydroxykynurenine (3-HK), kynurenic (KYNA) and anthranilic (AA) acids; and final phase production of NAD initiated by 3-HK conversion into 3-hydroxyAA (Figure 1) [3]. KYNA and AA are the end-products of KYP in astrocytes and adipocytes because Kyn-3-monooxygenase (KMO), a riboflavin (vitamin B2)-dependent enzyme, that catalyzes Kyn conversion into 3-HK, is not expressed in these tissues [4,5].

Activation of TKP initial phase was reported in animal models of obesity [6,7] and in obese human subjects [8-10]. Recent studies found different patterns of TKP dysregulation in obese mice and in human obesity and concluded that these mouse models [high-fat diet induced-obesity and the leptin-deficiency (ob/ob)] are inappropriate for studies of TKP involvement in mechanisms of human obesity [11]. However, to the best of our knowledge, TKP metabolism has not been studied in leptin-receptor-deficient Zucker fatty rats (ZFR) (fa/fa), the best-known and most widely used rat model of obesity. We were interested to find out if there are any deviations of TKP in ZFR by comparing serum concentrations of major TKP metabolites in ZFR (fa/fa) and lean rats (FA/-).

Methods

Serum samples (drawn after 5 hrs of fasting) from male ZFR (fa/fa) and lean (FA/-) rats (6 – 8 weeks of age) were provided by Charles

River, Inc. and stored at -50°C until analysis. Trp, Kyn, KYNA, AA, 3-HK, and XA were analyzed by modified HPLC – MS method [12,13].

Statistical analysis

Results are presented as mean \pm standard error (Trp and Kyn in μM and AA, KYNA, 3-HK and XA in nM). Statistical significance of differences between lean and ZFR (six rats in each group) was assessed by Mann-Whitney test.

Results

Initial phase of TKP. There were no difference of Trp and Kyn serum concentrations between ZFR and lean rats (Table 1).

Kyn:Trp ratio (an indirect marker of activity of enzymes catalyzing Trp conversion into Kyn) was not different between ZFR and lean rats (Table 1).

Intermediate phase of TKP. Serum concentrations of KYNA were elevated (by 50%) in ZFR (Table 1). There was a strong tendency to elevation of AA concentrations (by 33%). 3-HK concentrations did not differ between ZFR and lean rats.

Final phase of TKP. Concentrations of XA, a suggested diabetogenic 3-HK metabolite [17], did not differ between ZFR and lean rats.

Correspondence to: Oxenkrug G, Department of Psychiatry, Tufts University School of Medicine, Boston, USA, E-mail: goxenkrug@tuftsmedicalcenter.org

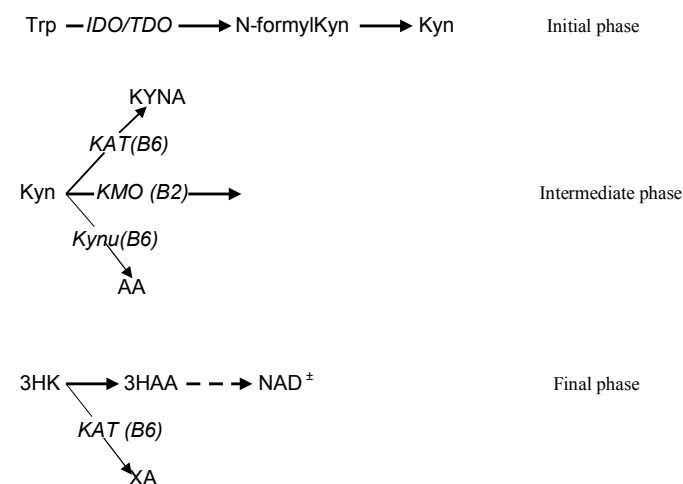
Key words: zucker fatty rats, kynurenic acid, aryl hydrocarbon receptor, obesity, metabolic syndrome

Received: August 13, 2016; **Accepted:** August 27, 2016; **Published:** August 29, 2016

Table 1. Kynurenines (serum) concentrations in Zucker fatty and lean rats.

N=6	Lean	Obese	P*	P**
Trp (μ M)	133.60 \pm 6.64	116.80 \pm 4.14	ns	
Kyn (μ M)	1.89 \pm 0.14	1.87 \pm 0.16	ns	
AA (nM)	60.08 \pm 6.74	80.96 \pm 15.55	0.08	0.04**
KYNA (nM)	70.06 \pm 2.77	105.05 \pm 9.98	0.004*	0.002**
3HK (nM)	19.23 \pm 0.98	20.57 \pm 1.84	ns	
XA (nM)	13.10 \pm 1.50	14.21 \pm 1.54	ns	
Kyn/Trp	1.41 \pm 0.09	1.60 \pm 1.01	ns	

P* - Mann-Whitney; P* - two-tailed test; P** - one-tailed test.

**Figure 1.** Three major phases of Tryptophan – Kynurenine metabolic pathway.

Abbreviations: Trp: tryptophan; Kyn: kynurenine; KYNA: kynurenic acid; 3HK: 3-hydroxykynurenine; AA: anthranilic acid; 3HAA: 3-hydroxyanthranilic acid; XA: xanthurenic acid (3-hydroxyKYNA); NAD⁺: nicotinamid adenine dinucleotide; KMO: kynurenine 3-monooxygenase; Kynu: kynureninase; KAT: kynurenine aminotransferase 2

Discussion

Present finding of elevated concentrations of serum KYNA (and, probably, of AA) in ZFR is important because, to the best of our knowledge, it is the first recognition of KTP dysregulation in ZFR. Particularly we found, dysregulation of the intermediate phase of KTP in ZFR.

Our finding is in line with reported positive correlation of serum KYNA concentrations with BMI in obese subjects [4,14].

Elevation of serum KYNA concentrations might result from up-regulated KYNA biosynthesis in fat tissue, liver and macrophages. Formation of KYNA and AA from Kyn is catalyzed by B6 (PLP)-dependent *KAT* and *Kynu*, respectively (Figure 1). However, since *KAT* and *Kynu* are substrate-unsaturated enzymes, they are able to process additional amount of Kyn created by *KMO* inhibition. Thus, KYNA and AA were elevated in brain, liver and plasma of *KMO*^{-/-} mice [15]. Furthermore, increased formation of KYNA and AA without activation of *KAT* and *Kynu* was observed in baboons and mice fed by vitamin B2 (but not vitamin B6) deficient diets [16,17]. Therefore, KYNA elevation in serum of ZFR may be a consequence of *KMO* deficiency in fat tissue that do not express *KMO* genes [4]. On the other hand, KYNA might be synthesized by resident macrophages infiltrating omental adipose tissue women with obesity [4]. Therefore, *KMO* inhibition and/or *Kynu* activation may contribute to our observation of elevated serum KYNA (and AA) in ZFR. Identification of origin of serum KYNA elevation in ZFR needs further studies.

Functional implications of elevated KYNA in ZFR could depend on KYNA antagonism to N-methyl-d-aspartate (NMDAR) and alpha7 nicotinic acetylcholine receptors (α 7nAChR) and activation of aryl hydrocarbon receptor (AHR).

AHR regulates xenobiotic-metabolizing enzymes such as aryl hydrocarbon hydroxylase (cytochrome P450) in humans, mice, rats and neonatal (but not adults) rabbits [18]. AHR over-activation promoted [19,20] while AHR deficiency protected mice from diet-induced obesity [21]. TKP metabolites (Kyn, KYNA and XA) are the endogenous human AHR ligands with potency comparable to exogenous ligands (e.g., 2,3,7,8-tetrachlorodibenzo-p-dioxin) [22,23]. Aryl hydrocarbon hydroxylase (cytochrome P450) is the major enzyme induced under control of the AHR [18]. Lower hepatic microsomal aryl hydrocarbon hydroxylase and lower nuclear transcription rate of CYP2B1/2B2 mRNA [25] suggested AHR signaling pathways deficiency in ZFR. In this vein, up-regulated formation of KYNA, one of the strongest human hepatic AHR ligands [22], may represent an adaptive response aimed to overcome impairment of AHR signaling pathways in ZFR.

Besides interaction with AHR, elevated KYNA might affect ZFR via antagonism to NMDAR and α 7nAChR. It was suggested that enhanced production of KYNA in astrocytes and increased extracellular KYNA inhibit dopamine (DA) release by blocking α 7nAChR [26]. Decreased D2 receptor binding and elevated D2/3 receptor availability were reported in obesity [27,28]. Impaired DA function in ZFR was considered to be acquired, rather than inherited, trait caused by circulating factors associated with obesity [29]. Our present data suggest that elevated serum KYNA might be one of such circulating factors. Elevated KYNA was associated with cognitive impairment [30,31], and might underline profound deficits of cognitive functions (e.g., learning and memory), observed in ZFR [32].

Cognitive impairment in schizophrenia might be associated with up-regulated formation of KYNA in brains and CSF of schizophrenia patients [33]. Elevation of serum concentrations of both KYNA and AA was observed in schizophrenia patients as well [34]. Present finding of serum KYNA elevation in ZFR, an experimental model of obesity, suggest a potential role of KYNA in increased prevalence of obesity in schizophrenia patients.

Acknowledgments

GF Oxenkrug is a recipient of NIMH104810 grant.

References

- Oxenkrug GF (2010) Metabolic syndrome, age-associated neuroendocrine disorders, and dysregulation of tryptophan-kynurenine metabolism. *Ann N Y Acad Sci* 1199: 1-14. [Crossref]
- Oxenkrug G (2015) 3-hydroxykynurenine acid and type 2 diabetes: implications for aging, obesity, depression, Parkinson's disease and schizophrenia. In: Engin A, Engin AB, editors. *Tryptophan Metabolism: Implications for Biological Processes, Health and Diseases*, Molecular and Integrative Toxicology 173-195.
- Schwarz R, Bruno JP, Muchowski PJ, Wu HQ (2012) Kynurenines in the mammalian brain: when physiology meets pathology. *Nat Rev Neurosci* 13: 465-477. [Crossref]
- Favennec M, Hennart B, Caiazza R, Leloire A, Yengo L, et al. (2015) The Kynurenine Pathway is Activated in Human Obesity and Shifted Toward Kynurenine Monooxygenase Activation. *Obesity* 23: 2066-2074. [Crossref]
- Guillemin GJ, Smith DG, Kerr SJ, Smythe GA, Kapoor V, et al. (2000) Characterisation of kynurenine pathway metabolism in human astrocytes and implications in neuropathogenesis. *Redox Rep* 5: 108-111. [Crossref]
- Navrotskaya V, Oxenkrug G, Vorobyova L, Summergrad P (2015) Attenuation of high sucrose diet-induced insulin resistance in tryptophan 2,3-dioxygenase deficient

- Drosophila melanogaster* vermilion mutants. *Integr Obes Diabetes* 1: 93-9526. [[Crossref](#)]
7. Watts SW, Shaw S, Burnett R, Dorrance AM (2011) Indoleamine 2,3-dioxygenase in periaortic fat: mechanisms of inhibition of contraction. *Am J Physiol Heart Circ Physiol* 301: H1236-1247. [[Crossref](#)]
 8. Brandacher G, Hoeller E, Fuchs D, Weiss HG (2007) Chronic immune activation underlies morbid obesity: is IDO a key player? *Curr Drug Metab* 8: 289-295. [[Crossref](#)]
 9. Mangge H, Summers KL, Meintzer A, Zelzer S, Almer G, et al. (2014) Obesity-related dysregulation of the tryptophan-kynurenine metabolism: role of age and parameters of the metabolic syndrome. *Obesity (Silver Spring)* 22: 195–201. [[Crossref](#)]
 10. Wolowczuk I, Hennart B, Leloire A, Bessede A, Soichot M, et al. (2012) Tryptophan metabolism activation by indoleamine 2,3-dioxygenase in adipose tissue of obese women: an attempt to maintain immune homeostasis and vascular tone. *Am J Physiol Regul Integr Comp Physiol* 303: R135–R143. [[Crossref](#)]
 11. Poulain-Godefroy O, Eury E, Leloire A, Hennart B, Guillemin GJ, et al. (2013) Induction of TDO2 and IDO2 in Liver by High-Fat Feeding in Mice: Discrepancies with Human Obesity. *Int J Tryptophan Res* 6: 29-37. [[Crossref](#)]
 12. Oxenkrug G, van der Hart M, Roeser J, Summergrad P (2016) Anthranilic Acid: A Potential Biomarker and Treatment Target for Schizophrenia. *Ann Psychiatry Ment Health* 4. [[Crossref](#)]
 13. Toledo-Sherman LM, Prime ME, Mrzljak L, Beconi MG, Beresford A, et al (2015) Development of a series of aryl pyrimidine kynurenine monoxygenase inhibitors as potential therapeutic agents for the treatment of Huntington's disease. *J Med Chem* 58:1159-1183. [[Crossref](#)]
 14. Ho JE, Larson MG, Ghorbani A, Cheng S, Chen MH, et al. (2016) Metabolomic Profiles of Body Mass Index in the Framingham Heart Study Reveal Distinct Cardiometabolic Phenotypes. *PLoS One* 11: e0148361. [[Crossref](#)]
 15. Giorgini F, Huang SY, Sathyaikumar KV, Notarangelo FM, Thomas MA, et al. (2013) Targeted deletion of kynurenine 3-monoxygenase in mice: a new tool for studying kynurenine pathway metabolism in periphery and brain. *J Biol Chem* 288: 36554-36566. [[Crossref](#)]
 16. Verjee ZH (1975) Tryptophan metabolism in baboons: effect of riboflavin and pyridoxine deficiency. *Acta Vitaminol Enzymol* 29: 198-201. [[Crossref](#)]
 17. Charconnet-Harding F, Dalgliesh CE, Neuberger A (1953) The relation between riboflavin and tryptophan metabolism, studied in the rat. *Biochem J* 53: 513-521. [[Crossref](#)]
 18. Kahl GF, Friederici DE, Bigelow SW, Okey AB, Nebert DW (1980) Ontogenetic expression of regulatory and structural gene products associated with the Ah locus. Comparison of rat, mouse, rabbit and *Sigmodon hispidus*. *Dev Pharmacol Ther* 1: 137-162. [[Crossref](#)]
 19. Kerley-Hamilton JS, Trask HW, Ridley CJ, Dufour E, Ringelberg CS, et al. (2012) Obesity is mediated by differential aryl hydrocarbon receptor signaling in mice fed a Western diet. *Environ Health Perspect* 120: 1252-1259. [[Crossref](#)]
 20. Moyer BJ, Rojas IY, Kerley-Hamilton JS, Hazlett HF, Nemani KV, et al. (2016) Inhibition of the aryl hydrocarbon receptor prevents Western diet-induced obesity. Model for AHR activation by kynurenine via oxidized-LDL, TLR2/4, TGFβ, and IDO1. *Toxicol Appl Pharmacol* 300: 13-24. [[Crossref](#)]
 21. Xu CX, Wang C, Zhang ZM, Jaeger CD, Krager SL, et al. (2015) Aryl hydrocarbon receptor deficiency protects mice from diet-induced adiposity and metabolic disorders through increased energy expenditure. *Int J Obes (Lond)* 39: 1300-9. [[Crossref](#)]
 22. DiNatale BC, Murray IA, Schroeder JC, Flaveny CA, Lahoti TS, et al. (2010) Kynurenic acid is a potent endogenous aryl hydrocarbon receptor ligand that synergistically induces interleukin-6 in the presence of inflammatory signaling. *Toxicol Sci* 115: 89-97. [[Crossref](#)]
 23. Roberts EA, Golas CL, Okey AB (1986) Ah receptor mediating induction of aryl hydrocarbon hydroxylase: detection in human lung by binding of 2,3,7,8-[3H] tetrachlorodibenzo-p-dioxin. *Cancer Res* 46: 3739-43. [[Crossref](#)]
 24. Huupponen R1, Pyykkö K, Ala-Uotila S, Sotaniemi E (1991) Activity of xenobiotic metabolizing liver enzymes in Zucker rats. *Res Commun Chem Pathol Pharmacol* 72: 307-314. [[Crossref](#)]
 25. Blouin RA, Bandyopadhyay AM, Chaudhary I, Robertson LW, Gemzik B, et al. (1993) Cytochrome P450 2B enzyme (CYP2B) induction defect following phenobarbital treatment in the fa/fa Zucker rat: molecular characterization. *Arch Biochem Biophys* 303: 313–320. [[Crossref](#)]
 26. Okuno A1, Fukuwatari T, Shibata K (2011) High tryptophan diet reduces extracellular dopamine release via kynurenic acid production in rat striatum. *J Neurochem* 118: 796-805. [[Crossref](#)]
 27. Davis LM, Michaelides M, Cheskin LJ, Moran TH, Aja S, et al. (2009) Bromocriptine Administration Reduces Hyperphagia and Adiposity and Differentially Affects Dopamine D2 Receptor and Transporter Binding in Leptin-Receptor-Deficient Zucker Rats and Rats with Diet-Induced Obesity. *Neuroendocrinology* 89: 152–162. [[Crossref](#)]
 28. Gaiser EC, Gallezot JD, Worhunsy PD, Jastreboff AM, Pittman B, et al. (2016) Elevated Dopamine D2/3 Receptor Availability in Obese Individuals: A PET Imaging Study with [11C](+)PHNO. *Neuropsychopharmacology* [[Crossref](#)]
 29. Cumming P, Maschauer S, Riss PJ, Grill E, Pischetsrieder M, et al. (2015) Perturbed Development of Striatal Dopamine Transporters in Fatty Versus Lean Zucker Rats: a Follow-up Small Animal PET Study. *Mol Imaging Biol* 17: 521-528. [[Crossref](#)]
 30. Chess AC, Simoni MK, Alling TE, Bucci DJ (2007) Elevations of endogenous kynurenic acid produce spatial working memory deficits. *Schizophrenia Bulletin* 33: 797–80417. [[Crossref](#)]
 31. Erhardt S, Schwieler L, Emanuelsson C, Geyer M (2004) Endogenous kynurenic acid disrupts prepulse inhibition. *Biological Psychiatry* 56: 255–260. [[Crossref](#)]
 32. Winocur G, Greenwood CE, Piroli GG, Grillo CA, Reznikov LR, et al. (2005) Memory impairment in obese Zucker rats: an investigation of cognitive function in an animal model of insulin resistance and obesity. *Behav Neurosci* 119:1389-95. [[Crossref](#)]
 33. Erhardt S, Blennow K, Nordin C, Skogh E, Lindström LH, et al.(2001) Kynurenic acid levels are elevated in the cerebrospinal fluid of patients with schizophrenia. *Neurosci Lett* 313: 96e98. [[Crossref](#)]
 34. Fazio F, Lionetto L, Martina C (2015) Xanthurenic Acid Activates mGlu2/3 Metabotropic Glutamate Receptors and is a Potential Trait Marker for Schizophrenia. *Sci Rep* 5: 17799. [[Crossref](#)]