

# Distal left main bronchial injury after catheter ablation for atrial fibrillation: Report of two cases

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## Abstract

We report two patients who developed respiratory complications after catheter ablation for atrial fibrillation seen recently at our institution. The first patient presented with worsening dyspnea. Outpatient bronchoscopy was performed and demonstrated a pin-point opening in the distal left main bronchus 6 months after RF and cryothermal ablation. The patient was managed with rigid bronchoscopy, left main bronchial dilatation and silastic stent placement. The second patient presented within 24 hours of the procedure at an outside institution with severe prolonged episodes of cough and dyspnea, and acute respiratory failure. He had pneumopericardium in addition to his respiratory symptoms. Fiberoptic bronchoscopy was performed and the pericardium was drained surgically. He was found to have a full thickness thermal injury with loss of bronchial integrity immediately before the left main bifurcation, along the anterior surface of the bronchus. He was supported with ventilation, serial bronchoscopic evaluations, hemodynamic and antibiotic support, and eventual tracheostomy. Both patients are improved after treatment. We believe these are the first two reported cases of this complication following radiofrequency catheter ablation.

## Introduction

Since its introduction in the 1990's, the indications for catheter ablation of the left atrium for atrial fibrillation have widened to include more patients. Certain potential major and minor complications have been recognized [1]. Major complications include periprocedural death (0.15%), esophageal injury with leak or aorto-esophageal fistula (0.04%), cerebral thromboembolic events, TIA and stroke, (0.94%), cardiac perforation with hemorrhage and tamponade (1.31%), pulmonary venous stenosis (0.29%), phrenic nerve injury (0.48%) and left atrial tachyarrhythmias, specifically left atrial flutter. Minor complications have included femoral false aneurysms or thrombosis (0.93%) and arteriovenous fistulas (0.54%). Some arterial injuries may lead to retroperitoneal hematoma, and concurrent anticoagulation may play a role.

We present two patients who experienced injury to the distal left main bronchus as a consequence of RF and cryoballoon ablation for atrial fibrillation. The first patient presented 6 months after the RFA, which had been performed after a failed cryoablation. He developed progressive onset of dyspnea with minimal exertion. The second patient presented within 24 hours of the RFA with severe coughing paroxysms, dyspnea and respiratory failure. We describe the management of these patients.

## Case 1

The patient is a 67-year-old man who had symptomatic paroxysmal atrial fibrillation. He failed pharmacologic therapy and cardioversion and underwent left atrial cryoablation. Within 6 weeks his atrial fibrillation had returned. He subsequently underwent a successful RF ablation with resolution of the atrial fibrillation. Six months later, the patient had developed progressive dyspnea, so severe he could no longer walk on the golf course, and even had trouble getting to and from the green on each hole. He was admitted to hospital and had fiberoptic bronchoscopy demonstrating a pin-point opening in the distal left

main bronchus. The patient underwent rigid bronchoscopy, dilatation of the distal left main bronchus and placement of an 8X13 MM Hood silastic stent. He noted immediate improvement in his symptoms. Approximately 3 weeks later during a coughing episode the stent became dislodged and was expectorated. He underwent CT of the chest with 3D reconstruction of the tracheobronchial tree (Figure 1), which documented the area of stenosis. He had repeat rigid bronchoscopy and dilatation, with placement of a 10X13 mm Hood stent. Patency of the upper and lower lobe bronchi beyond the stent were confirmed, and the patient was discharged home. He had mild residual dyspnea but was greatly improved. He has had no further stent migration. Twelve months after initial bronchoscopy the stent was removed, and his symptoms are minimal.

## Case 2

The patient is a 34-year-old man with symptomatic paroxysmal atrial fibrillation, poorly controlled with medication. He was taken to the electrophysiology laboratory at an outside institution where RFA was performed. The procedure seemed to be uncomplicated. The patient recovered and was discharged home. Within 24 hours he returned to the hospital with prolonged severe coughing episodes, hypoxemia and dyspnea. Chest radiograph demonstrated pneumopericardium. He was intubated for respiratory failure and transferred to our institution, where he was found to be hypotensive, and hypoxemic. After a brief period of stabilization, he was taken to the operating room where in addition to fiberoptic bronchoscopy, he underwent subxiphoid pericardial drainage

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venous and bronchial stenosis as a consequence of RFA and has thus far demonstrated no significant narrowing after 9 months.

This complication has been reported after cryballoon ablation and a recent study suggests that ice formation in the left mainstem bronchus during this procedure is common [2-6]. We are unaware of prior reports of this complication following radiofrequency ablation. It is important to keep in mind the proximity of the left atrium and pulmonary veins to important anatomic structures including the esophagus and aorta, distal left main and left upper lobe bronchi, the right pulmonary artery and right and left phrenic nerves. With caution, and greater focus on the surrounding anatomy, it is hoped that these complications can be avoided. If endoscopic therapy had not been helpful in the first patient, an open bronchoplastic procedure may have been necessary. In addition to computer guided ablation systems, and esophageal temperature monitoring, preprocedural computed tomography or magnetic resonance imaging, or intraprocedural transesophageal or intracardiac echocardiography may be able to direct catheter placement in patients who might be at risk.

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