

Sentinel lymph node biopsy in the setting of conjunctival melanoma: Report of two cases and literature review

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Abstract

Objective: To report two cases of conjunctival melanoma (CM) that underwent sentinel lymph mapping (SLNM) and sentinel lymph node biopsy (SLNB) with good results.

Introduction: Conjunctival melanoma (CM) is a very rare malignancy, with an incidence of less than one per million cases per year. Metastatic dissemination may occur via lymphatic or hematogenous routes. The regional lymph nodes most commonly involved in the head and neck region are found in the deep cervical node chain and in the parotid gland. The management of the lymph nodes in patients with CM is debatable with some authors recommending SLNM with SLNB. The indications for performing SLNM and SLNB are CM with a thickness of 1 mm or greater.

Case report: Two patients diagnosed with CM underwent SLNM and SLNB with complete surgical resection of the conjunctival lesions and superficial parotidectomy as part of the SLNB. Final pathology reported confirmed a complete resection of the lesions and a negative SLNB. The procedure was performed without any postoperative complications. Both patients on follow-up are free of disease without evidence of local or regional recurrence.

Conclusion: Evidence of the accuracy SLNM and SLNB in CM in the literature is sparse. We report on two cases where the identification of the SLN was accurate with no postoperative complications. We believe based the available evidence that SLNM and SLNB is feasible, accurate, with a low complication rate in patient with CM.

Introduction

Conjunctival melanoma (CM) is a rare malignancy with an incidence of 0.15 to 0.49 cases per million persons per year [1,2]. It is a very aggressive non-cutaneous neoplasm that represents only 5% of ocular melanomas with a 10-year mortality rate of 30% [3,4]. It is identified more frequently in the elderly population (53% of the cases), and in Caucasians (94% of the cases) [5]. The main clinical manifestations are a pigmented lesion, lump, or swelling in the conjunctiva in 83% of the cases. In approximately 61% of the cases the lesion is usually located at the limbal conjunctiva and in 46% of the cases in the temporal quadrant of the eye [5]. Metastases can be detected with positron emission tomography / computed tomography (PET/CT). However, micro-metastasis through the lymphatic system can only be detected with sentinel lymph node mapping (SLNM) and sentinel lymph node biopsy (SLNB) [6]. The aim of this study is to present two cases of CM where SLNM and SLNB was performed as part of their management with adequate identification of the SLN with no added morbidity.

Case 1

A 72-year old male, with a history of chronic irritation of the left eye for more than two months, was evaluated by an ophthalmologist who diagnosed a CM and send him to our clinic. We identified two pigmented lesions, one of approximately 1 cm in size and another of approximately 2 cm in size. Both lesions had irregular borders, one was in the temporal region, and the other on the nasal region of the eye (Figure 1). He was initially treated with Mitomycin C for 16 days without any objective response. After a multidisciplinary review of the case, it

was decided to recommend complete resection with SLNM and SLNB. The ophthalmology-oncology team performed the resection and the head and neck team, performed the SLNM and SLNB which included a superficial parotidectomy with identification and preservation of the facial nerve (Figure 2). The final pathology report showed melanocytic hyperplasia with atypia and a conjunctival sub-epithelial nevus that was completely resected (R0) and the SLNB was negative. Currently, the patient is free of disease without evidence of recurrence.

Case 2

A 44-year old female, with a three-week history of a pigmented lesion on the conjunctiva of the left eye. An ophthalmologist initially managed the pigmented lesion with topical treatment without response, followed by an excisional biopsy. The pathology report showed a CM of less than 1.5 cm in size with microscopically residual tumor (pT1B, cN0, cM0) (Figure 3). After presenting the case in our multidisciplinary tumor board, it was decided to perform a wide local excision with SLNM and SLNB. The ophthalmology-oncology team

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Figure 1. Pigmented lesion of the limbal conjunctiva of the left eye.



Figure 2. Superficial parotidectomy with preservation of the facial nerve.

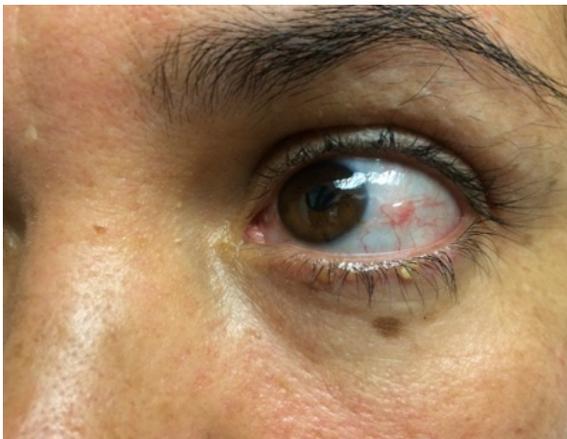


Figure 3. Pigmented lesion of limbal conjunctiva of the left eye.

performed the excision and the head and neck team performed the SLNM and SLNB which included a superficial parotidectomy with identification and preservation of the facial nerve (Figure 4). The final pathology report showed a complete resection with negative margins and the SLNB was negative. Currently she is free of disease without evidence of recurrence.

Discussion

CM is a very rare malignancy with an incidence of 0.15 to 0.49 per million of persons (0.15 in Asians, 0.18 in Blacks, 0.17 in American

Indians, 0.33 in Hispanics and 0.49 in non-Hispanic Whites) [1]. Approximately 1% of all CM cases occur in Hispanics. The mean age at diagnosis is 67.2 years and doesn't have a gender predilection [5,7]. CM typically presents as a pigmented nodular or flat conjunctival lesion [6,8]. CMs usually originate from atypical melanocytes in the epithelial basal layer [8], but they may arise from primary acquired melanosis (53% to 59% of the cases), from a pigmented nevus (4% of the cases), and de novo (26% to 37% of the cases). Those arising de novo have the worse prognosis [9].

Tumor thickness greater than 2 mm [3], histologic evidence of ulceration and mitotic figure count greater than 1/mm² have been correlated with regional lymph node metastasis [10]. CMs display tumor-associated lymphatic vasculature within and around the tumor, inducing lymphangiogenesis. The CM-associated lymphangiogenesis is associated with an increased risk of local recurrence, lymphatic spread, distant metastasis, and CM-related death [11]. The usual sites of metastasis are the regional lymph nodes in 15% to 60% of the cases, mainly in the intra-parotid and submandibular nodes [12,13].

Esmaeli et al. [14], where the first to report on SLNM and SLNB in CM, since then numerous reports of SLNM and SLNB have been published in the literature by various authors [4,6,15-20]. In the last decade SLNM and SLNB for CM has evolved dramatically because it has been shown to detect regional lymph node spread with great accuracy and minimal morbidity [13,20]. The positivity SLNB rate ranges from 11% to 20% [13,21], with a false negativity rate of 8% [13]. Most of the data regarding SLNM and SLNB in CM come from small case series due to the rarity of this tumor, and controlled trials with uniform techniques are required to validate its use in CM.

We performed a similar technique of SLNM and SLNB as reported by Esmaeli et al [14]. Lymphoscintigraphy was performed approximately two hours before the operation, a local anesthetic was applied on the conjunctival surface, then 0.3 to 0.4 mCi of technetium 99-sulfur colloid in 0.2 mL normal saline was injected sub-conjunctivally near the tumor. Single photon emission computed tomography was performed to help identify the lymphatic drainage of the eye. Intraoperatively, we injected 0.2 ml of patent blue dye and with a handheld gamma probe we identified the SLNs trans-cutaneously. The nodes that were radioactive and blue were removed until the nodal basin count was less than twice the background level [13,19]. Earlier studies identified that blue dye combined with radiolabeled sulfur colloid enhances the detection rate of SLNs. In our cases, the SLNs were in the parotid gland, and one of the complications of SLNB in the parotid area is damage to the facial nerve and/or its branches, which did not occur with our patients.

Conclusion

In summary, SLNM and SLNB in CM is a feasible technique with minimal morbidity, that can be performed by surgeons with experience



Figure 4. Superficial parotidectomy with preservation of the facial nerve (A). Surgical piece of parotidectomy (B).

in SNLM. We are reporting on two cases of CM that SLNM and SLNB were performed with good accuracy and with no long-term complications.

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