Short commentary



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The influencing mechanism of reward on executive function in heroin addicts

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Abstract

Research has identified several features of heroin-related reward dysfunction, including the enhanced attentional bias for heroin-related cues, increased drug craving, preference for immediate over delayed rewards of larger value and decreased sensitivity to delayed consequences. It has also been found that heroin addicts exhibit executive dysfunction. Reward dysregulation and executive function deficits have been hypothesized to play an important role in the maintenance of drug taking and abstinence. However, it is not clear yet how reward influences executive function. We want to investigate the effect of heroin-related cues and monetary reward on executive function in heroin addicts after different periods of abstinence. The results will not only contribute to the development of the addiction theories, but also help to identify the risk factors and the proper objectives in different abstinent periods.

Executive function deficits and reward dysregulation, are well documented in drug abusers [1]. The changes of brain reward system caused by chronic substance use are considered central to the development and maintenance of addiction [2,3]. Addicts show a preference for substance-related incentives and a decreased interest in non-substance-use behaviors, which is a disorder and, undoubtedly, one of the most important causes of an individual's dependence on addictive substances [4]. Most recent studies have shown that the reward function of heroin addicts is abnormal. Reward incentives for drug addicts can be divided into drug rewards and non-drug rewards. Non-drug rewards are natural rewards which are generally divided into primary rewards (eg. food, water, etc.) and secondary rewards (eg. money, power, etc.). On monetary rewards, studies had shown that the heroin addicts' delay discount rates of monetary rewards were higher than normal people [5] and in EEG studies found that heroin addicts had abnormal EEG changes in the task on money reward processing. On drug rewards, the studies showed that the delay discount rate of heroin addicts was significantly higher than monetary rewards, indicating that heroin addicts have an "immediate yield first" high-risk decision-making model and a reduced sensitivity on long-term gains, and a high sensitivity on drug rewards [7]. Therefore, heroin addicts have unusual rewards processing, whether on money or drug rewards.

Executive functions, also known as executive control or cognitive control function, is a human advanced cognitive function, which can regulate a variety of cognitive processes, achieving top-down regulation of behavior [8,9]. defined executive function as coordinating various cognitive processes in the completion of complex cognitive tasks, thereby ensuring that the cognitive system exercises a general control over a particular goal in a flexible and optimized manner. The essence is to control and regulate other cognitive processes, and the fundamental purpose is to produce coordinated, orderly, and purposeful behavior. Researchers generally agree that executive functions involve three basic sub-functions: Shifting between tasks or mental sets; updating and monitoring of working memory representations; and inhibition of prepotent responses [8]. The executive dysfunction of heroin addicts has been confirmed by numerous studies. It is thought to be associated with some brain damage in the prefrontal cortex, thereby reducing the ability of drug users to regulate their own behavior [10], producing continuous medication, relapse after withdrawal and some criminal activities. However, the current research mainly focused on the inhibition. At the behavioral level, the study found that the response inhibition ability of heroin addicts was impaired, for example, the response time in the Stroop task was longer and the error rates were higher [11]. At the electroencephalogram level, the study used the Stroop task and found that there was a disappearance of the N2 effect of heroin addicts at the conflict monitoring processing stage and a disappearance of SP effect during the process of conflict resolution. The researchers believe that the heroin addicts may have the early conflict monitoring disorder and the late response conflict to solve the abnormal processing. This may be due to long-term abuse of heroin, which causes damage to brain function. Brain imaging studies have shown that cognitive activation-related brain structure (such as prefrontal cortex, PFC) activation is attenuated in heroin addicts during response suppression tasks, whether in withdrawal period [12] or nonwithdrawal period [13]. In the heroin addicted population, there are relatively few studies on other sub-functions relating to suppression of executive function, but the studies also found that heroin addicts had flaws while involving in cognitive flexibility, attention, conversion, decision making, working memory, etc [6,11,14,15].

The dual competition model [16] argues that the interaction between emotion and motivation, and executive control determines the outcome of behavior. The emotion and motivation will affect the perceived and enforced competition. There are two ways in

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which motivation has influence on the executive function: First, the motivation of ascension leads to the enhancement of the executive function through the influence of the orientation and the reorientation of the attention. For example, the study found that rewards can increase the individual's conflict adaptation [17]. Second, in order to maximize the rewards, motivation can be redistributed to processing resources that perform functions. For instance, the study found that rewards led to a decrease in the inhibition of individuals in the stop-signal task [18] and working memory tasks switch cost increases [17]. Some addiction theories also emphasize the interaction between reward disorders and executive dysfunction on the basis of the development and maintenance of drug addiction behaviors [19].

Heroin addicts have some abnormalities in reward features [20] and executive function [21]. Reward incentives will drive behavior, while the individual's executive function will be adjusted by weighing the individual's behavior. The two interact with each other to determine the behavior [16]. Although some addictive theories have proposed an integrated view that drug-related clues and executive control and their interactions play an important role in the continued drug use and relapse among drug addicts [10,19] in other studies of substance addiction, drug-related clues have been shown to decrease individual response inhibition [22]. The regulation of the executive function of cocaine-addicted individuals of monetary rewards are abnormal [23]. However, the impact of drug-related clues on the executive function of people with substance addiction is also dependent on the substance [24] or the severity of the drug used [25].

Few studies have investigated the impact of reward executive function in heroin addicts whiles the findings of related studies were not consistent, and limited to the behavioral level, lacking the indepth exploration of cognitive neurosurgery. Monetary rewards and drug-related clues tend to be an important aspect of rewards. Now, no researcher has investigated the impact of rewards on executive functions based on drug-related clues and money rewards expectations, and the mechanism of such effects in different addictive drugs, and no one has investigated the mechanism by which rewards of heroin addicts affect executive function. Also, the length of withdrawal time is an important factor for the addicts to perform functional impairment and functional recovery after withdrawal [26] but this is seldom included in studies as an important variable by researchers. Based on this, we are very interested in investigating the mechanism of executive function impact of rewards for heroin addicts under drug-induced clues and monetary reward as well as the impact of such occurrences on withdrawal time.

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