

Comparison of *ex-vivo* organ culture and cell culture to study drug efficiency and virus-host interactions

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Abstract

Many clinical trials that are based on the efficacy demonstrated in preclinical models fail to achieve the expected outcome. The preclinical models used include mainly cell cultures and animal models. Also, in the last few years, 3-dimensional (3D)-like formations, such as spheroids and organoids, are being used. A unique *ex vivo* organ culture to elucidate the mechanism of action and efficacy of new drugs was recently reported. However, its usage is not yet widespread. In previous work, we reported the selectivity of oncolytic viruses in a model of cancerous colorectal tissue. In this study, we evaluated the relevance of this model in comparison to conventional cell cultures. To this end, we conducted a bioinformatics analysis of gene expression in various colorectal cancer cell lines and compared them to the gene expression of colorectal cancer tissues obtained from 32 patients. The results showed that the expression of genes, including those directly related to colorectal cancer progression, varied significantly between the different cell lines. In contrast, in tissues that originated from patients, gene expression was more consistent.

The results from this analysis highlight the need to carefully choose a cell line that reflects the transcript of the human tissue to be studied. Furthermore, we conclude that bioinformatics analysis might be a useful tool for determining the most appropriate experimental model. The use of organ cultures directly derived from patients might be a more accurate model to evaluate the efficacy of a given therapy.

Introduction

Most studies exploring virus-host interactions, screening, designing, and evaluating antiviral drugs [1], and studying the effect of viruses on cancer (oncolytic therapy), are performed in cell cultures or *in vivo* in animal models [2-4]. Neither of these approaches reflects the human situation. Cell cultures, which are being used since the fifties of the past century, lack the three-dimensional structure containing the extracellular matrix (ECM), miss the various cell types present in the organ, and lack innate immunity factors. Furthermore, in cell culture, the cells usually replicate and evolve much faster than in the solid tissue. This characteristic is translated to heterogeneity both for normal and tumor cell lines [5]. On the other hand, cell lines do not retain tumor heterogeneity, and this may cause misleading interpretations of experimental results and explain the discrepancy between successful drug validation in preclinical models and the failure in phase 3 clinical trials that will follow [5,6]. These limitations must be considered when attempting to use these models for practical application. There is a need to determine which is the most suitable model for evaluating a given treatment. Among the experimental models including various cell types, are spheroid 3D cultures [7,8], a system that allows cells in culture to grow and differentiate in several directions. Matrigel, natural ECM-based hydrogel, is yet another useful model for 2D and 3D cell cultures, enabling better attachment of cells and allowing the cells to be organ-like structured. Also, by this method, different cell types can be combined to study the relations between them (<https://www.sciencemag.org/features/2017/04/adding-depth-cell-culture>). Animal models also have limitations [9,10] and are often based on the use of immune-deficient animals. These models are usually inadequate for drawing conclusions regarding the final treatment stage in humans [11].

Recently, a new model was introduced, which harbors the 3D structure of intact tissue [12,13]. These human *ex vivo* organ cultures preserve more faithfully the *in vivo* tissue architecture and can better represent disease-associated changes, and may be more appropriate for analyzing the interaction of viruses with normal and cancer tissues [14-18]. Using this methodology, we have previously demonstrated the selective oncolytic effect of Newcastle Disease Virus (NDV) in fresh human colon cancer as compared to the adjacent normal tissue [18].

The main focus of the current analysis was to determine if cells in cultures originated from the same type of cancer tissue express coherent gene levels similar to those found in the same type of solid cancerous tissue removed from patients, and in comparison to their adjacent normal tissue.

To this end, since bioinformatics data describes the transcriptomic response to different treatments [15], in this study, we used a bioinformatics-based analysis to find the best experimental model that mimics the *in vivo* human response.

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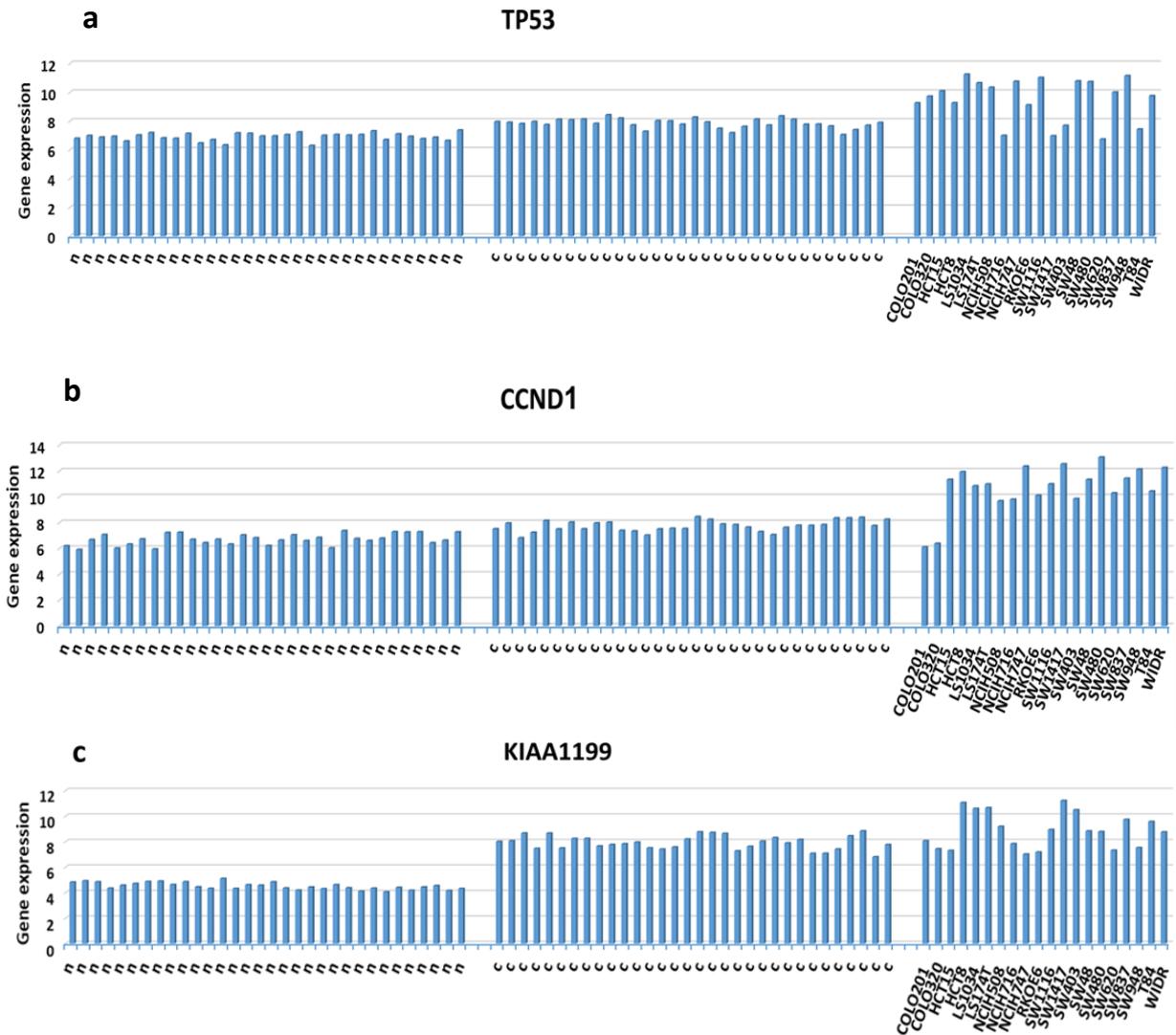


Figure 3. Expression variability of three key genes in colorectal cancer progression: TP53 (a), CCND1 (b), and KIAA1199 (c). Note the low variability of the expression in the colon tissues (left and middle) compared to the high expression variability in several colorectal cancer cell lines (right). n - normal colon tissues, c- matched cancerous colon tissues, named - cell lines

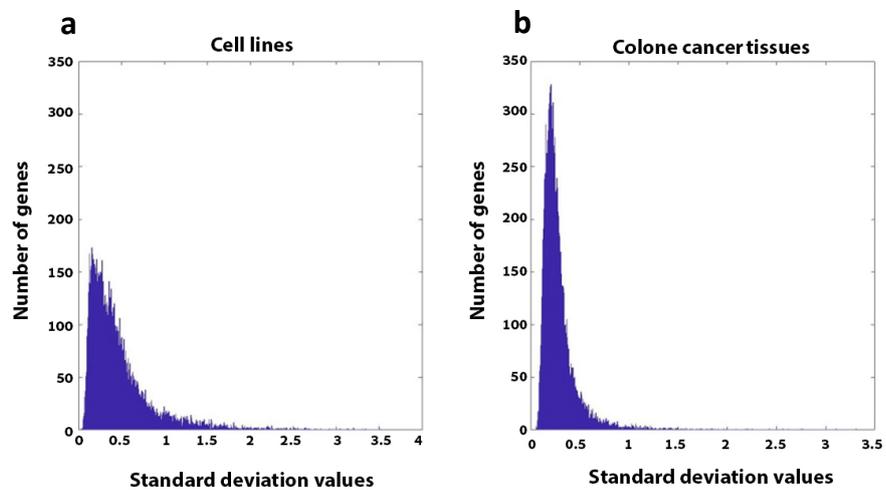


Figure 4. Histograms demonstrating the scattered spread of standard deviation values of the gene expression of various colorectal cancer cell lines (a) and colorectal cancer tissues (b)

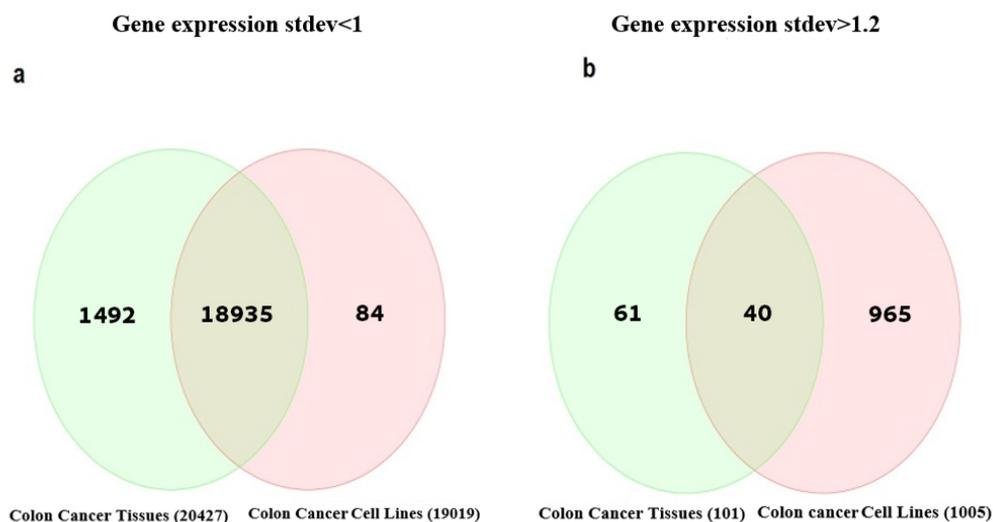


Figure 5. Venn diagram of standard deviation low and high levels in cell lines vs tissues. a-Venn of standard deviation low levels (<math>< 1</math>) in both. b- Venn of standard deviation high levels (>1.2) in both. Stdev-standard deviation

When comparing the consistency of gene expression between the groups, 19,019 genes were consistent between the different cancerous cell lines, while 20,427 were consistent between the cancerous tissues originated from all the patients.

Discussion

Two classical methods have been used for decades to evaluate new drugs and treatments: cell lines and animal models. Cell lines are mainly grown in 2-dimensional (2D) layers and bear many limitations that might be the cause of the high rate of failure in clinical trials [22,23]. 2D monolayers cannot reproduce conformation, organization, or native architecture of intact tissues as they appear *in vivo*, and animal models often do not mimic human disease [10]. Thus, other models, such as 3D spheroids and organoids, are being evaluated [6,8,10,24]. For example, Zanoni *et al.* [8] used 3D spheroids to enhance the biological relevance of anticancer drug evaluation.

In previous work, an oncolytic NDV was evaluated in colorectal cancer tissue and was found to be highly selective for cancerous tissues obtained from patients, while in the normal tissues, minor to no signs of infection or cell death were observed [18]. In this study, we asked if cell lines can be used to study virus-host interactions, or whether organ cultures are necessary to obtain reliable results.

To establish a better model for screening and evaluation of drugs and to better understand virus-host interactions, in the present study, we compared gene expression levels from cancerous colon cell line cultures to cancerous colon tissue and its adjacent normal tissue obtained from patients. A computational analysis of gene expression of the normal and the cancerous tissue showed a different gene expression pattern. Besides, in another analysis, we compared tumor tissue and cultured colorectal cancer cells to examine possible differences between the two models and to determine which model is better suited for further use. From the results, it appears that organ cultures are more predictive than classical cell lines. In tissues, there are several barriers (such as the ECM) that might limit the viral infection, while monolayer cultures from the same indication may get infected more easily and with

different outcomes [14-18]. Thus, the use of organ cultures in research can help in making better decisions regarding the means of treatment and efficiency of drugs.

A high level of gene expression variation in cell cultures compared to tissues was found in this study. When we examined these variations, we found that, while between the 32 different patient-derived tumors, there were only 101 genes differentially expressed, more than 1,000 genes differed in colorectal cancer cell lines. Narrowing the examination, we found that even genes related to colorectal cancer transformation and tumor progression (CCND1, TP53, and KIAA1199) varied between the different cell lines but were much more coherent in the cancer tissues [20], (https://www.genome.jp/kegg-bin/show_pathway?hsa05210). Thus, using a variety of cancer cell lines might significantly change the results and lead to wrong predictions regarding the effect on patients.

Using the appropriate *in vitro* culture may pave the way for improved therapy and drug discovery [12,13,17]. Using similar methods might provide a basis for understanding the differences in the interaction of the oncolytic viruses with different tissues and help to understand their mechanism of action [16,18]. Also, *ex vivo* organ culture models were found to be highly informative for studying virus-host interactions and for the assessment of drug efficacy, as was previously mentioned regarding Zika, Herpes, Influenza, and Coronaviruses [14,15,25,26]. The *ex vivo* organ cultures originated from fresh tissue obtained from the surgery and thus were very close to the natural state.

Ex vivo organ culture allows us to identify proteins that are related to a given therapy. Using this approach, a more specific and adequate treatment can be adapted to a particular component within the tissue. As we showed in this study, in cell lines, there is an incoherent expression of genes, including some of those that are directly related to colorectal cancer progression. The 3D fresh tissue culture might predict a better outcome of the different therapies for the type of indication, and using an organ culture that originated from specific patients might help to predict better what treatment will work best in that particular person [18].

In summary, this report highlights the significance of *ex vivo* organ cultures for the assessment of drugs and virus-host interactions. This model can fill the gap between the *in vitro*, *in vivo*, and clinical trials and expedite the path to personalized precision medicine.

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