

Antimicrobial effects of cellulose derivatives in the prevention of surgical infections: *in vitro* activity against-resistant microorganisms

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Abstract

Background: Wound healing is a dynamic and complex process which requires suitable environment to promote healing process. The aim of the study was to compare the *in vitro* antimicrobial effectiveness of iodine containing or not cellulose derivative dressings against five multi-drug resistant bacteria hospital strains.

Methods: Six cellulose derivative dressings with or without povidone iodine added were inoculated with five multi-drug resistant bacteria strains and reference strains. Culture protocol was carried out, then plates were examined for bacterial growth after incubation. The presence of a zone of inhibition, both underneath and around the dressing was assessed. In addition, the remaining bacteria on the cellulose derivative dressings were quantified by the CFU assay. Statistical analysis was performed, and results were recorded.

Results: The statistical results showed that, the antimicrobial efficacy of cellulose derivative without and with povidone iodine depends of the strain origin ($p=0.02$); an average diameter of inhibition is smaller by 7.7 mm for a hospital strains compared to reference strains; the *in vitro* antimicrobial activity of the cellulose derivative without and with povidone iodine compared to oxidized regenerated cellulose without povidone iodine used as a reference showed $p < 0.0001$, indicating that all treatments were significant; no cells (1×10^9 CFU/mL) were found on CMC 294+10% PVI and ORC+10% PVI for reference bacteria and ORC+10% PVI for hospital bacteria.

Conclusion: These results suggest a synergistic effect of the combination cellulose derivative-povidone iodine on the different hospital bacteria tested. ORC+10% PVI is effective at killing hospital bacterial strains (1×10^9 CFU/mL).

Background

All wounds are generally colonized with microorganisms, often without clinical consequence, and the presence of some microorganisms may even aid healing. However, contamination with pathogenic microbial flora can lead to infection and sepsis which disrupts the healing continuum. The development of infection is determined by complex interactions between the host and microorganisms. It is further influenced by the environment and therapeutic interventions [1].

Poor wound healing and postoperative surgical site infection (SSI) continues to be one of the most common complication in surgery, with an incidence in the literature varying from 2.5 to 17% [2]. This incidence depends on the type of surgery (cardiac, digestive, orthopedic or other) and the degree of superficial or deep infection.

The emergence of multi-drug resistant (MDR) microorganisms presents a critical problem for patients undergoing surgery. The postoperative infection is currently the leading cause of morbidity and mortality in surgery despite the development of antibiotics, improved techniques of anaesthesiology, and progress in preventive measures of hygiene. This is due to practice of surgical procedures increasingly targeting patients with more severe conditions and who are often immunocompromised.

Deep SSI requires reoperation, usually leading to prolonged hospitalization and morbidity, carrying substantially increased hospital and social costs. Several risk factors for the development of an SSI have been identified, including steroid use, smoking, long operating times, and complicated procedures [3] as well as underlying comorbidities [4]. Because of the seriousness of this complication, surgeons are continually looking for ways to decrease the rate of postoperative infection [5,6]. Few antimicrobial substances are generally considered for wound therapy. Of these, cellulose derivative (CD) dressings containing 10% povidone-iodine (PVI) [betadine] is widely accepted as the main antiseptic used to decrease the infectious risk.

The aim of this study was to compare the *in vitro* antimicrobial activity of a range of antimicrobial CD dressings, with or without added iodine, against five hospital MDR bacterial strains. It was also

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undertaken to measure the effectiveness of CD dressings with and without 10% PVI.

Materials and methods

Cellulose derivative dressings and antiseptic

The dressing evaluated contained sodium carboxymethyl cellulose (Na-CMC) 282 and CMC 294 provided by Dina-Hitex (Bučovice Czech Republic); oxidized regenerated cellulose (ORC) provided by Ethicon Laboratory (Issy-les-Moulineaux, France). The antiseptic used in this study is povidone iodine (PVI) solution (Betadine) containing 10% iodine (Laboratory Meda Pharma, France). The choice of this antiseptic is based on the fact that it is the most widely accepted as the main antiseptic used in surgery because of its antibacterial activity.

Control and dressing tests

The control wound dressings were comprised of a sterile gauze compress (SGC) +100 μ L of 10%PVI as an I₂ positive control, Na-CMC 282,Na-CMC 282+100 μ L of 10%PVI ;CMC 294,CMC 294+100 μ L of 10%PVI;and ORC,ORC+100 μ L of 10% PVI as dressing tests.

Bacterial strains

The two types of bacterial strains were used for this study. The reference strains: *Enterococcus hirae* CIP 58.55; *Staphylococcus hominis* ATCC 27844; methicillin susceptible *Staphylococcus aureus* CIP 4.83 (MSSA); *Staphylococcus epidermidis* ATCC 14990; *Escherichia coli* CIP 54.127. The hospital strains, for which antimicrobial susceptibility testing had already been performed, were from a frozen stock of bacteria in the APUH clinical bacteriology department and were selected according to their resistance phenotype: Glycopeptide resistant *Enterococcus faecalis* (GREfae); glycopeptide resistant *Enterococcus faecium* (GREfam); methicillin resistant *Staphylococcus aureus* (MRSA); extended spectrum β -lactamase (ESBL)-*Enterobacter aerogenes*; MDR *Pseudomonas aeruginosa*. The reference and MDR strains were maintained on a Mueller-Hinton (MH) medium enriched with horse serum, then seeded into storage tubes which were stored at -20°C.

Test method

The PVI square dressings were prepared by adding 100 μ L of 10% PVI solution onto each square dressing measuring 4 cm² (2 cm \times 2 cm).

Briefly, bacteria were cultured in parallel (reference and hospital strains) on Columbia agar with 5% horse blood and incubated in aerobic conditions at 35 \pm 2°C for 24 hours. From a colony, a bacterial suspension was prepared in saline 0.85% NaCl. The bacterial density was adjusted to match a 0.5 McFarland standard (approximately 10⁷ Colony Forming Unit (CFU)/mL using a densitometer (BioMérieux, Marcy l'Etoile, France). Following this, a sterile cotton swab was dipped into 10⁷ CFU/mL of the bacterial suspensions. Within 15 min after the 5% blood Columbia agar (BCA) plates were inoculated, PVI square dressings were placed towards the center of an agar plate to allow for development of a zone of inhibition (ZOI). All plates were incubated aerobically at 35 \pm 2°C for 24 hours. Following incubation, the plates were examined for bacterial growth and the presence of a ZOI. The diameters of the zones of complete inhibition, including the diameter of the dressing square, were measured to the nearest mm with a ruler. The ZOI for each dressing corresponding to each tested strain was calculated and recorded. In addition, all experiments were done in triplicate, and all measurements were repeated three times.

Colony forming unit assay

We analysed the remaining bacteria on the square CD dressings using the CFU/mL assay as previously described [5,6] with some modifications. All experiments were also done in triplicate.

Briefly, bacteria were grown overnight in brain heart infusion (BHI) broth at 35 \pm 2°C. After this incubation, the bacteria culture was washed in MH broth and the bacterial suspension was adjusted to 0.5 MacFarland as described above. Following this, a sterile cotton swabs was dipped into the adjusted bacterial culture, and a lawn of bacteria was made on a BCA using the dipped swab). The bacteria were then allowed to grow for 24 hours at 35 \pm 2°C. The CD dressings with and without PVI were distributed evenly onto the BCA surface. Following incubation for 24 hours at 35 \pm 2°C, each CD dressing was transferred to be sterile 1.5-mL micro centrifuge tube containing 1 mL of PBS (pH=7.4) for enumeration of bacteria. The tubes were placed in water bath sonicator for 10 min to loosen the cells within the CD dressings and then vigorously vortexed 3 times for 1 min to detach the cells. Suspended cells were serially diluted (10-fold) in PBS, and 10- μ L aliquots of each dilution were spotted onto BCA plates. In addition, the remained 900 μ L zero dilution sample was also plated on a different BCA plate. Thus, the equation for calculating the bacterial concentration was: CFU=number of colonies X dilution factor/ inoculum volume in mL. This means that if only one bacterial cell was originally in the tube, we would have a 90% chance of detecting it. All experiments were repeated 3 times with 7 CD dressings each time. Thus, there were 21 separate determinations for each combination tested.

Statistical analysis

For analysis of variance, *Student's t-test* was used to determine whether there was a significant difference between the dressing test and their effect against the different bacteria. Differences were considered significant when the *p*-value was <0.05. If no significant difference was observed, the ZOI surrounding antimicrobial dressings against hospital strains were compared by multivariate analysis using the MIXED Procedure. The limit of significant was used to assess the heterogeneity of different hospital bacteria compared to the study of efficacy (*P*<0.05).

Results

Activity of CD actions without and with 10% PVI against reference and hospital bacterial strains

The cellulose derived dressings containing the reference strains without PVI showed a mean ZOI of 15.0 mm and the mean of those with PVI was 24.1 mm versus 10.2 mm for PVI alone (Table 1). In hospital strains, The CDs without PVI showed a mean ZOI of 8.6 mm and the mean of those with PVI was 15.2 mm versus 0 mm for SGC + PVI alone (Table 2). These two results show a synergic effect of 10% PVI with the content of CD. The average diameter of inhibition for hospital strains was 7.7 mm smaller than that of reference strains.

Effect of 10% PVI treatment on reference and hospital bacterial strains for *in vitro* CFU studies

The results for the 24 hours *in vitro* CFU studies in the presence of CD dressings without and with 10% PVI using reference strains and hospital bacterial strains are illustrated in Figure 1. When the CDs were tested for bacteria after the ZOI studies were completed using CFU assays, an average of 1.0 \times 10⁵ CFU/mL was found on SGC+10% PVI versus 8.0 \times 10⁴ and 2.0 \times 10⁴ CFU/mL found on CDs with and without 10% PVI for reference bacterial strains and between 1.2 \times 10⁵ and 1.0 \times 10⁴

Table 1. The mean zones of inhibition (ZOI) observed with cellulose derivatives with and without 5% PVI and reference strains (^aCIP: Collection Institut Pasteur strain; ^bCoagulase negative *Staphylococcus* strain :American type culture collection oxacillin/cefotaxime susceptible ; ^cMSSA :methicillin susceptible *Staphylococcus aureus* ;^dPVI: povidone-iodine (Betadine); ^eCMC: carboxymethyl cellulose;^Ø (mm):inhibition diameter. ZOI (zone of inhibition) surrounding antimicrobial dressings. The CD dressings without 10% PVI showed a mean ZOI of 8.6 mm and the mean of those with 10% PVI was 15.2 mm versus 10.2 mm for 10% PVI alone. These results indicate synergistic effect. The values of inhibition diameter represent the mean of triplicate experiments)

Reference strains	Sterile gauze compress (SGC)	Cellulose derivatives					
	SGC + 100 µL Of 10% ^d PVI	Na- ^e CMC 282 (Ø mm)	Na- ^e CMC 282 + 100µL of 10% PVI (Ø mm)	CMC 294 (Ø mm)	CMC 294 + 100 µL Of 10% PVI (Ø mm)	Oxidized and regenerated cellulose (ORC) (Ø mm)	ORC + 100 µL of 10% PVI (Ø mm)
<i>Enterococcus hirae</i> ^a CIP 58.55	6	10.0	20.0	11.0	22.0	21.0	32.0
<i>S.hominis</i> ^b ATCC27844	12	8.0	21.0	12.0	25.0	22.0	25.0
^c <i>S.aureus</i> (MSSA) CIP 4.83	10	11.0	15.0	13.0	27.0	21.0	29.0
<i>S.epidermidis</i> ATCC 14990	12	6.0	18.0	14.0	19.0	22.0	25.0
<i>Escherichia coli</i> CIP 54.127	11	14.0	20.0	11.0	25.0	30.0	39.0
Mean inhibition diameters	10.2	9.8	18.8	12.2	23.6	23.2	30.0

Table 2. The mean zones of inhibition (ZOI) observed with cellulose derivatives without and with 5% PVI and hospital strains (^a*Enterococcus faecalis*; ^bGRE: glycopeptide resistant *Enterococcus*; ^c*Enterococcus faecium*; ^dMRSA: methicillin resistant *Staphylococcus aureus*; ^e*Enterobacter aerogenes*; ^fESBL: extended spectrum β-lactamase; ^g*Pseudomonas aeruginosa*. ;Ø mm: zone of inhibition (ZOI) surrounding antimicrobial dressings against *E.faecalis*, *E.faecium*, MRSA, ESBL *E.aerogenes*, *P.aeruginosa*. The 10% PVI alone showed no ZOI against all hospital bacterial strains.however,10% PVI in the cellulose derivatives showed ZOI against these bacteria,which is in favor of a synergistic effect.The CD dressings without 10% PVI showed a mean ZOI of 8.6 mm and the mean of those with PVI was 15.2 mm versus 0 mm for 10% PVI alone. The values of inhibition diameter represent the mean of triplicate experiments)

Hospital strains	Sterile gauze compress (SGC)	Cellulose derivatives					
	SGC + 100 µL of 10% PVI	Na- ^e CMC 282 (Ø mm)	Na- ^e CMC 282 + 100µL of 10% PVI (Ø mm)	CMC 294 (Ø mm)	CMC 294 + 100 µL Of 10% PVI (Ø mm)	Oxidized and regenerated cellulose (ORC) (Ø mm)	ORC + 100 µL of 10% PVI (Ø mm)
^a <i>E.faecalis</i> (^b GREfae)	0	7.0	10.0	8.0	15.0	11.0	20.0
^c <i>E.faecium</i> (GREfam)	0	6.0	11.0	7.0	14.0	12.0	18.0
<i>S.aureus</i> (^d MRSA)	0	8.0	12.0	9.0	18.0	10.0	20.0
^e <i>E.aerogenes</i> (^f ESBL)	0	10.0	14.0	10.0	15.0	11.0	21.0
^g <i>P.aeruginosa</i>	0	6.0	11.0	7.0	12.0	8.0	18.0
Mean inhibition diameters	0	7.2	11.6	8.2	14.8	10.4	19.4

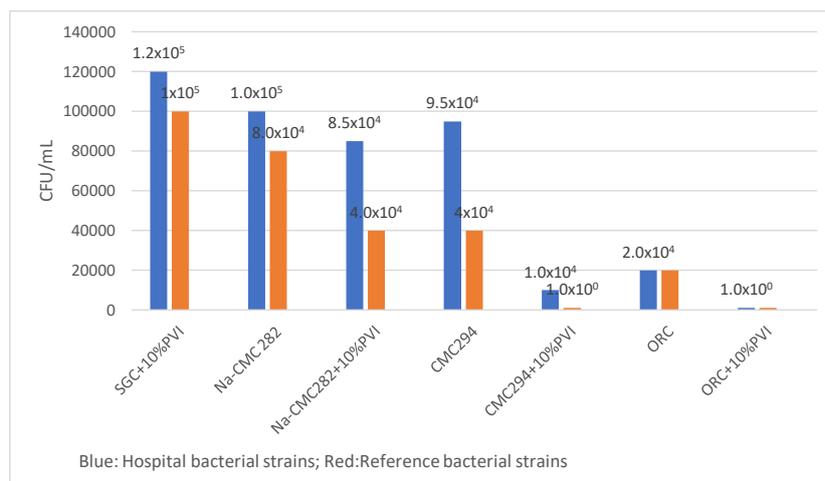


Figure 1. Blue: CFU assay results for the hospital bacterial strains Glycopeptide resistant *Enterococcus faecalis* (GRFae); Glycopeptide resistant *Enterococcus faecium* (GFFam); Methicillin resistant *Staphylococcus aureus* (SARM); Extended spectrum β-lactamase (ESBL) *Enterobacter aerogenes*; *Pseudomonas aeruginosa* multi-drug resistant. The treatment samples were prepared as described in the Materials and Methods. All experiments were done in triplicate. The mean values were found on SGC and CD dressings without and with 10% PVI. However no cells were found on ORC+10% PVI.

Red: The CFU assay results for the reference bacterial strains *Enterococcus hirae* CIP 58.55; *Staphylococcus hominis* ATCC 27844; Methicillin susceptible *Staphylococcus aureus* (MSSA) CIP 4.83; *Staphylococcus epidermidis* ATCC 14990; *Escherichia coli* CIP 54.127. The treatment samples were prepared as described in the Materials and Methods. All experiments were done in triplicate. The mean values were found on SGC and CD dressings without and with 10% PVI. However no cells were found on CMC 294+10% PVI and ORC+10% PVI

CFU/mL for hospital bacteria. However, no cells (1.0×10^0 CFU/mL) was found on CMC 294+10% PVI and ORC+10% PVI for reference strains. No cells (1.0×10^0 CFU/mL) was also found on ORC+10% PVI for hospital bacterial strains showing the killing of bacteria on the CDs and demonstrating that the ZOI assay does not give a realistic assessment of the ability of an antimicrobial to kill bacteria.

Statistical analysis results

Analysis of all CD without and with PVI using *student's t-test* showed no significant difference in means for the number taken 2-2, probably because the studied numbers were insufficient to show a difference. However, MIXED Procedure test showed that Na-CMC 282 with and without PVI, CMC 294, and ORC with PVI ($p < 0.001$), as well as CMC without PVI ($p = 0.0461$) were significant (Table 3). The antimicrobial efficacy of CD without and with PVI depended on the strain origin (reference strains or MDR strains) ($P = 0.02$). The *in vitro* antimicrobial activity of different CD without and with PVI compared to ORC without PVI used as a reference showed $P < 0.0001$, indicating that all treatments were significant. The inhibition diameter of ORC+PVI was significantly higher than ORC without PVI.

Discussion

Iodine is a nonmetallic essential nutrient with a potent broad range of microbicide act in against almost all of the important health-related microorganisms, including bacteria. Although a high content of iodine spp with free molecular form (I_2) and hypiodous acid in aqueous solution has powerful microbicidal effects but can cause volatility, stinging and cytotoxicity. To overcome these problems, I_2 was combined with neutral carrier polymers to increase iodine solubility and to keep low the release of iodine as a solubilizing agent and to act as an iodine reservoir. The most popular carrier in current use is povidone, which has no microbicidal activity. Since povidone slowly and continuously releases I_2 into solution. The delivery of I_2 provides for the rapid antibacterial, antifungal and antiviral activity of PVI based disinfectants [7]. I_2 acts on bacterial cells via oxidative degradation of cell components by damaging proteins, nucleotides and fatty acids, leading to rapid cell death [8]. The proteins and enzymes are denatured by binding to thiol and sulphhydryl groups, and alters phospholipid membrane structures by blocking hydrogen bonding [9]. In addition, cytosolic enzymes involved in the respiratory chain are denatured and deactivated by I_2 [9].

Povidone iodine (PVI) (Betadine) is a widely used antiseptic because it has particularly broad spectrum of antimicrobial activity that

includes Gram-positive and Gram-negative bacteria [7,9,10]. However, many studies have shown the inefficacy of PVI solution against different bacteria [11,12]. Our results, as seen in Table 2 confirm that PVI along (SGC+10% PVI) is very poor at inhibiting the growth of MDR bacteria *in vitro*. It did not appear to show any ZOI in the hospital bacterial strains. According to data in the literature, the bacteria do not develop resistance to PVI [13], and the resistance rate to this product is only 0.7% [14]. This resistance was dependent on temperature, contact between PVI and bacterial suspension, concentration of disinfectant, and time of exposure.

We also tested Na-CMC 282, CMC 294, and ORC with and without 10% PVI which have been widely used for producing hydrogels and have been developed in many fields, including wound dressings. Na-CMC and CMC dressings absorb and interact with wound exudates to form a soft, hydrophilic, gas permeable gel that traps bacteria and conforms to the contours of the wound. This is suitable for providing a microenvironment that is believed to facilitate healing in the presence of sodium ions from wound exudates. PVI can be impregnated into hydrogels which can be used for wound dressings. The rate of release of the iodine in the PVI is heavily dependent on the hydrogel composition. The release rate increases with more CMC and decreases with more gelatine. The iodine ions are released from Na-CMC and CMC to exert a sustained antimicrobial effect against a wide range of organisms, including MRSA, *E. coli* and GRE, thus preventing colonization of the dressing and providing an antimicrobial barrier to protect the wound.

The ability of ORC to stimulate the growth of human dermal fibroblast and to inactivate elastase, has been assessed in the patients treated with combination collagen/ORC. This combination can inactivate potentially harmful factors such as proteases, oxygen free radicals and excess metal ions present in chronic wound fluid. It has been demonstrated that the acidic pH of ORC about 2.5 has a broad-spectrum physiological detrimental to survival of microorganisms known to cause infections [15,16]. The present study showed that ORC has a strong antibacterial activity which is most evident when it is associated with PVI. The results of this *in vitro* association may be regarded as synergistic and support the hypothesis that the antimicrobial activity of ORC is effective against antibiotic-resistant microorganisms as described elsewhere [17]. The mode of antimicrobial action of the ORC is unclear. It has been shown that, *in vitro*, most of the ORC activity can be blocked by adding sodium hydroxide to the system [18]. Nevertheless, a pure pH effect would not explain the varying results which ORC has *in vitro* against different species of microorganisms

Table 3. Multivariate analysis using MIXED procedure test

Subjects and cellulose derivative treatments	Estimated value	Error type	DDL	t value	P value
Bacteria	3.3598	2.1685		1.55	¹ 0.0606
Hospital strains	21.9000	1.1588	8	18.90	² <0.0001
Reference strains (CIP)	-3.0000	1.3142	45	-2.28	³ 0.0272
Na-CMC 282+PVI	⁵ 5.5000	1.0723	45	5.13	<0.0001
Na-CMC 282	⁻³ 7.7000	1.0723	45	-7.18	<0.0001
CMC 294 + PVI	⁹ 0.0000	1.0723	45	8.39	<0.0001
CMC 294	⁻⁴ 2.2000	1.0723	45	-2.05	0.0461
ORC + PVI	⁸ 8.8000	1.0723	45	8.21	<0.0001
ORC	0.000				

¹The limit of significance to assess the heterogeneity of different bacteria included in the study showed a p value=0.0606 (is not significant).

²The antimicrobial efficacy of CD with and without 5% PVI depended on the strain origin [hospital strains ($p < 0.0001$) or reference strains ($p = 0.0272$)].

³The positive inhibition diameter values of Na-CMC 282+PVI are higher compared to negative inhibition diameter values of Na-CMC 282 without PVI ($p < 0.0001$).

⁴The positive inhibition diameter values of CMC 294+PVI are higher compared to negative inhibition diameter values of CMC 294 without PVI ($p < 0.0001$).

⁵The positive inhibition diameter values of ORC+PVI are higher compared to low positive inhibition diameter values of ORC without PVI ($p < 0.0001$).

Overall treatment is effective ($p < 0.0001$). The average diameter of inhibition for hospital strains was 3 mm smaller than that of CIP strains

[15]. However, due to its acidic pH, ORC is resistant to bacterial infection [15]. Several studies have found that ORC itself prevents infection [19,20]. Nevertheless, it is recognized that *in vitro* data cannot be directly extrapolated to clinical outcomes.

Despite a broad range of antimicrobial agents as well as commercially available antibiotics, successful management of bacterial infections is particularly challenging due to an increase in microbial resistance caused by the abuse of such drugs. Treatment of non-healing wounds presents a difficult dilemma because of failure to heal due to repeat tissue injury by bacterial contamination and altered physiological conditions. For this reason, the development of innovative biopolymers combined with silver nanoparticles (AgNPs) have potential applications as wound dressing materials and for skin tissue repair [21]. Sacco *et al.* [22] and Pelgrift *et al.* [23] have tested silver because it appears to use a different killing mechanism from PVI. It is believed that the killing mechanism is due to the binding of silver ions to bacterial proteins causing structural changes in the bacterial cellular membrane. Silver ions also can bind and denature DNA and RNA, inhibiting bacterial replication [24]. Silver is biologically active when it is soluble which is in ion form of Ag⁺ and in metallic form Ag⁰ present in nanocrystalline silver [25]. A comparison of silver ions *versus* nanocrystalline silver was carried out by Wright *et al.* [26]. They found that the nanocrystalline form was more effective than the ionic one. Other authors reported that antibacterial activity of all used antibiotic against MDR strains increased in the presence of AgNP [27,28]. In addition, the highest synergistic effect of AgNP was observed against this MDR strains [28].

Consequently, PVI has found broad application in medicine as a surgical scrub, for pre and postoperative skin cleansing as well as for treatment and prevention of infections in wound. It remains unclear whether the antibacterial mechanisms detected can be attributed to iodine alone or by its combination with CD dressings. A synergistic effect was observed in this combination.

Study limitations

The limitation of the present study was that only five species of bacteria and 6 CD dressings impregnated with iodine were assessed, whereas a complex mix of species is likely to be present in a real wound. Moreover, although certain physical and chemical parameters were measured, this model in no way replicates all of the factors involved in a real wound bed *in vivo*, particularly the host response. Another limitation is the study performed was *in vitro* and may not mimic *in vivo*.

Conclusions

Antimicrobial properties of I₂ have been used in preparation of wound dressing. It combination with CD dressings can be used in clinical and surgical practice and shows promising results in healing of contaminated contaminated wounds. In this study, we noted that although overall treatment set used shows an ZOI around the CD dressings, differences were observed between the antimicrobial compounds, and a significant difference was shown between the dressings and their efficacy against each bacterial strain. This is most likely due to the structural properties of the individual dressing, affecting delivery of the compound. These results suggest that *in vitro*, 10% PVI alone shows that the ZOI assay does not give a realistic assessment of the ability of an antimicrobial to kill bacteria, while *in vitro* ORC+10% PVI is only very effective against the MDR bacteria tested.

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Conflicts of interest

None of the authors reported a conflict of interest related to the study.

Ethics approval and consent to participate

The present study was conducted according to the guidelines laid down in the Declaration of Helsinki, and all procedures were approved by the Ethics Committee for the Protection of Persons (CPP) of the Amiens-Picardie University Hospital (APUH) in the 2019 session (assessment N° 139).

Consent for publication

Not applicable.

Authors' contribution

The authors performed this research and wrote the manuscript.

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Availability of data and materials

The dataset used and analyzed during this study is available from the authors on reasonable request.

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